

Positive Rhythm Theme Song Samples

Written & Produced By - **Robert Simon** (*Except where otherwise noted*)
1979 to Present

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CONNECTION

- Verse 1 Why are you grabbing in the dark?
 Open your eyes to the light from the spark
 That glows within the eye
 Of every one you see (including me).
- Verse 2 Why are you floating out in space?
 Are you determined to never find your place
 In spite of all the signs
 That point the way out clear. (It's so very near!)
- Verse 3 Don't you ignore the things you feel!
 More than you know, what you feel inside is real!
 Just learn to recognize
 The life you live inside (inside your mind!)
- Verse 4 Reach out and touch the world you see.
 Let fingertips and your eyes and heart agree.
 You'll find that everything
 You touch is really you! (Believe me, it's true!)
- Chorus Now it's time to make a new
 Connection!
 We can find a new world through
 Connection!
 There's something between me and love and you
 Connection!
 It's what really makes a true
 Connection!
- Tag (End) Connection!
 Protection!
 Direction!
 For all people!
- Inspection!
 Reflection!
 Connection!
 To everybody all around the world we say . . .

Repeat...

Original Version 3-26-84

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YOU CAN'T FLY IF YOU'RE HIGH!

- Verse 1 I've got something to tell you
 That might sound crazy;
 But I've gotta explain it,
 'Cause it's amazing!
 For good things that we do in life,
 The sky is the limit,

The game of life can be played and won;
And I know we can win it!

Verse 2 Some folks try to say that
 Drugs can be our
 Magic potions to give us
 Super power!
 Anyone can tell you
 Something works like magic.
 If you want a miracle
 I know you can have it, but . . .

Refrain You can't fly if you're high! (I'm here to tell you that.)
 You can't fly if you're high!

Verse 3 If you have in your mind
 That you can be a hero;
 Or if you are convinced
 That you are just a zero;
 You are something special
 And you need to know it!
 You can be almost anything,
 So don't you blow it!

Verse 4 Don't let someone talk you
 Into blowing your mind
 With pot, or pills, or alcohol
 Or drugs of some kind!
 Set your goals up high
 And then reach up and grab 'em.
 There are treasures in the world
 And I know you can have 'em but . . .

Refrain You can't fly if you're high! (You better believe it!)
 You can't fly if you're high!

End You can't fly if you're high . . .
 (Repeat several times.)

 You can't fly!
 You just can't fly if you're high!
 You can't fly if you're high!

March 11, 1985

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Still I Rise!

Chorus

Still I rise!
No matter what life does to me,
I'll rise
Because
My destiny insists
That I rise.
I'm meant to live above the clouds.

I'll rise
To reach my goals.

Verse 1

Rare is the one who can live a life of ease
And never worry about a thing.
Life has a way of dishing out low blows;
And sometimes we want to just give in.
But I'm determined
To always
Give life my best shot;
And to face things
With courage
And to reach with all I've got!
I may get knocked down,
But I'll stand up
And give it one more try.
Until I breathe no more
I want to always say...

Chorus

Verse 2

There can be times when we live some of our dreams;
And maybe we can earn a crowd's applause.
But we forget there are other worlds to find
And get trapped in the glories of the past.
I want to always
Remember
The stairway that I climb
Keeps stretching onward
Although
I Keep on leaving steps behind.
I may accomplish
Many things
That I set my mind to do,
But I won't stop there;
You still will hear me say...

Chorus

Special

Still I rise! I'm rising up!
Repeat three (3) times)
Still I rise!

6-19-85

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I'll Volunteer

Verse I Sometimes things must be done
 And there's no one who can.
 Sometimes when you're under the gun,
 You just need someone to lend a hand.
(Just) Call me and I'll be there **(Be there.)**
 When you've got a heavy load to bear. **(To bear)**
 I won't let you suffer **(Ooooo....)**

If there's something I can do. **(Something I can do)**
A hug is all the thanks I need **(Ooooo...)**
If I help to pull you through. **(Help to pull you through.)**

Bridge 1 I know you think
I must have lost my mind,
And that my gesture is
Much more to you than kind.
(But) When there's a need to fill
And no one will ...

I'll volunteer! I'll volunteer!

Verse 2 Sometimes things should be done
And there's no one who will.
Sometimes for the race to be run,
You just need someone to fill the bill.
(Why don't you) Ask me, I'll do my best. **(My best.)**
I will let you put me to the test. **(The test.)**
Yes, you can depend on me **(Ooooo...)**
To do the things I say; **(Do the things I say)**
And knowing that I've done some good **(Ooooo...)**
Is what constitutes my pay. **(Constitutes my pay)**

Bridge 2 In case you think
I'm too good to be true,
It's just the kind of thing
I feel compelled to do.
(Cause) When there's a need to fill
And no one will ...

I'll volunteer! I'll volunteer!

Chorus

When you need me ... (I'll volunteer!)
If no one else will ... (I'll volunteer!)
You can send me ... (I'll volunteer!)
In emergencies ... (I'll volunteer!)
When there's a need to fill, and no one will ...
When there's a need to fill, and no one will ...
When there's a need to fill, and no one will ...
I'll volunteer! I'll volunteer!
(Repeat Chorus)

Tag/End

I'll volunteer! I'll volunteer!
I'll volunteer! I'll volunteer!

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No "I" in TEAM! (A Rap)
Words by - Robert & Denise Simon

Music by - Robert Simon

The place where you work has jobs to do;
And for these jobs, folks are counting on you.
But every woman, every man has a different task
Than the job description that your company asks.
In addition to the jobs that you must complete
You're also responsible for one more feat
From time to time you must repeat
There is no "I" in TEAM!

A team is about folks getting things done,
And we all know, "Two heads are better than one."
A team's gotta work at getting along.
Team players are what can make a group strong.
We all need each other to achieve our goals.
It will keep us moving forward when we know our roles.
To support and encourage each other's dreams
There is no "I" in TEAM!

A team explores issues from many points of view.
It respects diversity and shares a vision, too.
"Work smarter, not harder" is a rule to live by.
Build better, not bigger is a good thing to try.
Communicate! Work to cooperate!
Coordinate, and then collaborate!
These are all a part of the scheme.
There is no "I" in TEAM!

A chain is just as strong as its weakest link,
But each link can be stronger than you might think.
When the links are combined in creative ways,
All the extra energy can shorten your days.
You know jobs get easier when they are shared;
But to share the load, you must be prepared.
Let's be the ones to say that we dared.
There is no "I" in TEAM!

Now, don't get me wrong, all the gifts you bring
Are yours alone and a very special thing.
No one can duplicate your mind and heart,
Or the work you do when you do your part;
But you and your teammates are more than the sum
Of the single parts that you bring when you come
For the work that you do every single day.
There is no "I" in TEAM!

There's one more thing you must understand.
To move your accomplishment from great to grand,
No one is asking you to lose your identity,
Just lend yourself to a sense of community!
The rhythm of the earth is cooperation.
If that's news to you, you need a new education.
Start right now with this preparation
There is no "I" in TEAM!

So many jobs to do! And they all are substantial!
With lots of rewards . . . some private, some financial!

But don't get upset! Here's the best prescription:
Unity's a quantum leap beyond description!
For the work that you do from the New Year to December
Teamwork is a flame --not a dying ember.
For the best in success you must remember.
There is no "I" in TEAM!

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You Gotta Have H.O.P.E

Verse 1

Sometimes when I am dreamin'
I find that I am schemin'.
I'm trying to find out how living works.
I want to make some money,
But I don't think it's funny
To spend your whole life workin, for some jerks!

I want to fly!
I want to set my goals up real high!
But the world puts me down when I try!
If I wasn't so tough, I think I'd cry!

But I know that's not the way.
That's why I'll make it some day.
I've got my mind set on doing it my way!

Chorus

You gotta have H.O.P.E.!
H.O.P.E. can teach you to cope.
You gotta have a plan
And work as hard as you can.
You gotta be smart
And not wait too long to start.
You gotta build a team
And keep your faith in your dream.

Bridge

H.O.P.E! H.O.P.E! H.O.P.E! H.O.P.E!
Gettin' down to business!

Verse 2

Nobody ever told me
That nothing here can hold me
Or keep me from success except for me.
If I want fame or fortune,
I must take opportunities
That come my way
And make them work for me.
I want to live!
I want to find out what I have to give!
I want to keep things I do positive!
I want to be a source of pride for relatives!
I know I've found a way.
That's why I'll make it some day.
I've got my mind set on doing it my way!

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Stand For The Dream

Verse 1 Martin stood strong in a "lion's den"
 And spoke of his wonderful dream.
 Bobby dreamed things that had never been.
 He knew things are not what they seem.
 Sometimes revolution is in disguise
 When practice meets principle and loses
 And those who dare bravely and pay the price
 Will leave loved ones wearing scars and bruises
 Though our hearts have been scarred and our souls have been battered,
 Let's refuse to forget. We must know their lives mattered.
 When they stood for their dreams, and died, they left light we still see.

Chorus Stand for the dream!
 It's a dream that has love at its core!
 Stand for the dream!
 When it's love, it is worth fighting for!
 Stand for the dream!
 If enough of us do, we will win
 We will recognize that we are kin
 Maybe then
 Life can be like the dream.

Verse 2 Mother Theresa's compassion healed.
 Love made her a saint to the poor.
 Princess Diana ignored her shield
 And took royal love through new doors.
 Sometimes revolution is in disguise
 When practice meets principle and loses
 And those who dare bravely and pay the price
 Will leave loved ones wearing scars and bruises
 Though our hearts have been scarred and our souls have been battered,
 Let's refuse to forget. We must know their lives mattered.
 When they stood for their dreams, and died, they left light we still see.

Chorus

End
Stand for the dream; don't let the hatred win!
Stand for the dream; make sure God's love comes in!
Stand for the dream; our heroes can dream no more!
Stand for the dream; it is worth fighting for!

Stand for the dream; it is all up to you and me!
We can't let the dream fade away!
There are those who'd be glad if we did!
Let's all stand for the dream!
Dream! Dream! Dream! Dream! Dream! Dream! Dream! Dream! Dream!

Let's all stand for the . . .
Dream! Dream! Dream! Dream! Dream! Dream! Dream! Dream! Dream!

March 7, 1999

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The Future Is A Dance

Verse 1

Do you still remember
That you once could not see
What you take for granted
As the way things must be
Now that you see them as part of your everyday dance?

If you're realizing
That life's music we hear
Is what we're creating
As we go through each year,
Then you can see that it's our score when they strike up the bands!
So take your partners by their hands
And dosido, crossover, shake your groove thing!
We can swing!

Chorus

The future is a dance!
We have to take a chance
That what we choose to do right now will change our circumstance!
The future is a dance!
We must give up our "can'ts."
So grab a partner (maybe three)! Get ready to advance!
The future... the future is a dance!

Verse 2

When we see our bodies,
Are they all they could be?
When we measure spirit,
Is there great energy?
What can life teach us about being all we can be?

Are we on the verge of
A brand new Renaissance
If we start creating
From our vision at once?
Maybe our dreams can make us closer to wholeness, indeed!
Imagination takes the lead!
So tap your rhythm, waltz today,
Let's join the soul ballet!

Chorus

End

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Venture Kids

(The Song)

Verse 1 I know grownups think I'm just a baby,
 But I've got some big ideas inside my mind.
 I can make a difference, and I don't mean "maybe!"
 The world can turn, but it won't leave me behind!

Chorus 1

(You know) I'm gonna be a **Venture Kid!**

Learn to make some money!
I'm gonna be a **Venture Kid!**
Make my days more sunny!
I'm gonna be a **Venture Kid!**
You just watch me, honey!
I'm gonna do so doggone well,
That it's not even funny!
Just watch me work!

Verse 2 When things are right, I won't be hesitating
I'll find a way to make a profit! Yes, indeed!
I can watch my bank account accumulating
By learning, and selling what folks want and need!

Chorus 2
(You know) I'm gonna be a **Venture Kid!**
Learn to make some money!
I'm gonna be a **Venture Kid!**
Make my days more sunny!
I'm gonna be a **Venture Kid!**
You just watch me, honey!
Just watch me work! Watch me work!

Bridge Nobody says I have to be a grownup
To clean somebody's lawn up
Or baby-sit some babies.
Nobody says I have to wait forever
Or 'til the twelfth of never
To build a stack of greenbacks
And save them 'til they kick back

(Spoken) A little thing called dividends
That's money making money! Oh, yeah!
(Sung) Oh, yeah!!!

Chorus/End
(You know) I'm gonna be a **Venture Kid!**
Learn to make some money!
I'm gonna be a **Venture Kid!**
Make my days more sunny!
I'm gonna be a **Venture Kid!**
You just watch me, honey!
I'm gonna be a **Venture Kid!**

Venture Kids! Just watch us work!

© September 5, 2001

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Imagine The Possibilities

Verse 1
Some folks say it can't be done.
Some folks say you may not be the one to
Make miracles unfold.
But if the truth be told.
You're not the kind of folks who listen to

What some folks say.

People may say, "We have never, never
Ever done a thing so clever and bold!" But you say,
"Hold on a minute!
We'll put something in it
That has the power to change the things
That people may say!"

Bridge

If you'd like to know our secret,
It's simple it's that we just...

Chorus

Imagine the possibilities!
And take on the probabilities!
We won't let our false securities
Prevent our responsibilities
We know our combined abilities
Can bring forth the possibilities
We imagine!

Verse 2

Troubles come and troubles go.
This is life. It's in the flow, but still it's
How we choose responses
That changes circumstances!
So why not imagine ways that troubles
Go more than they come?

It's easy to see what is really near
It's easy to see what is really clearly there, but
When we start out dreaming
We often wind up beaming
Smiles of joy because what's there
Is suddenly brand new!

Bridge

Chorus

Chorus/End

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